

## **NARROWS RACE RULES**

**Location:** South St. Vrain Narrows  
**Start:** At the parking area about 100 yds above the meat  
**Finish:** Pool below last drop in section (just below Jihad)  
**Format:** Timed, with a 30 second delay between starts.....two heats. Best time is used

**Objective:** Fastest top to bottom in boat wins

### **Da Rules:**

- 1- Boats must be factory models with no modifications.
- 2- All competitors must conduct themselves in a sportsmanlike manner. Any competitor who conducts him/herself in an unsportsmanlike manner will be disqualified.
- 3- The highway adjacent to the course will be open to normal traffic during the event. This road is narrow, curving, and has heavy vehicle traffic traveling at high speeds. Please try to remain on the South (river) side of the guardrail where possible. Any competitors found to be obstructing traffic or not following the instructions of race organizers will be disqualified.
- 4- This is not a spectator race, due to safety and space considerations. A race video will be shot and played back at the after event party. Only competitors and race staff will be allowed in the course area during the race.
- 5- All competitors must wear appropriate safety gear, including helmet and pfd.
- 6- Competitor must finish course in his/ her boat.
- 7- All racers must ride to the race site on the Blues Bus. Racers who drive to the put-in or arrive at the race start by any other means than official race transportation will not be allowed to race. Private vehicles will not be allowed to park in the vicinity of the race.
- 8- Racers are encouraged to scout and prerun the course prior to the event. The course will be closed from 10:00am to 3:00 pm on race day for all competitors unless you are completing your timed race run.
- 9- Racers must report to the race staging area by the 9:45 am race start time. All racers must remain in the race staging area until they are instructed to enter the river and proceed to the start area by the race official.
- 10- Racer will be disqualified in the event of a swim, or if he/ she receives any aid from another during run.
- 11- Any participant on the course whose run is affected by a safety event caused by another racer (swim, pin, rope in water, etc.) should eddy out as soon as possible and proceed as instructed by safety personnel. The affected racer will be allowed a restart.
- 12- In the event of a tie, racers tied will paddle in a tie-breaker.
- 13- After finishing the course, racers may not proceed up the course beyond the point they can remain on the South side of the guardrail. Only competitors involved in a tie-breaker or rerun caused by a safety event are allowed to proceed upstream with their boats to the start area.
- 14- Organizers will have final say regarding any of the above rules.

**\* Please note:**

- **All athletes, must sign liability and release waivers when checking in to receive their number. We suggest all athletes check in for their event the day prior to competing or at least three hours prior to the start of their competition.**
- **All athletes must be present at check in to receive their number. Numbers will NOT be given to anyone other than the athlete the number has been assigned to..**

**RESERVATION OF RIGHTS: Organizers reserve the right to disqualify any athlete for any reason, including, without limitation, acting in an unsafe, unsportsmanlike or disruptive manner and/or with intent to intimidate, threaten or harass, or harm another person The LOG judges have the final say in any dispute and this decision is completely enforceable. Failure to comply with any term or condition of these Official Rules may result in an athlete's disqualification and the forfeiture of his/her interest in any prize. LOG judges and event organizers reserve the right to amend these Official Rules at any time in its sole discretion, and athletes shall have no recourse for any such changes or for any failure (whether inadvertent or otherwise) by Organizers to follow the stated rules**