

LOG Short Track Race

Date & Time: Sunday, June 1 from 10:00-12:00

Location: Bohn Park

Categories,	Start times,	Race Length
Kids (10 and under)	10:00	1 Lap
Juniors (18 and under)	10:30	20 min
Women's Open	11:00	25 min
Men's Open	11.30	25 min

Short Track Description/Rules:

- A mountain bike competition similar to a criterium where riders do multiple laps on a short 2-4 minute dirt course for 25 to 30 minutes (less time for kids and juniors)
- Start and Finish at same spot.
- Category will be called to start line 10 minutes prior to actual start time for staging.
- First rider to cross the line on the last lap wins.
- Lapped riders will be pulled (this rule will be decided on the day of the race depending how many riders are in the race, for safety and results purposes)
- Course opened for pre-ride from 9:30 to 10:00
- During staging, before start, riders will be given race instructions:
 - Length of race
 - Lap Cards (count down from 5, laps based on first two lap times)
 - Be given 1 min, 30 sec, 15 sec, 10 sec and a 5 sec countdown for start
 - Prizes
 - DNFs must be reported to officials
 - Must stay on marked course, no cutting corners
 - Where results will be posted
 - Lapped riders will be pulled (depending on number of riders in the event)

Course Description:

The location of the race will be the South end of Bohn Park. I need to get with Dave Cosgrove to decide on the exact course. As I said it will be a 2-4 minute dirt track with a gradual climb, as well as a short steep climb (hopefully) and a twisty slight decent with a few ditch crossings.